

in Konan city.

•Get bicycle insurance

You may be able to get bicycle insurance that you have now. There are

various types of insurance, so please check your family's insurance coverage at first.

Wear a helmet properly

Parents should give appropriate advice to your minor children.

Advise the elderly to wear a helmet as well.

Subsidize the purchase of cost

Konan city will subsidize the purchase cost of a bicycle helmet for Konan citizens.

As of March 31, 2025, the age is 7 to 18 years old or over 65 years old. Target:

Amount: About half of the purchase cost of bicycle helmet.

Limit: 2,000Yen

Period: Between purchased from April 1, 2024 and February 28, 2025* *You need to submit a report using a helmet by this day.

X No applicable to school helmets

For further information see Konan city web site or contact below.

Inquiries: Bosai Anzen-ka 0587-54-1111(ext.155)

REGISTERRING FOR DISASTER SUPPORT

This will be helpful if you need assistance during a disaster. Your information, name, address, contact number, gender, family details and birthday will be shared with your local leaders.

This also applies to foreigners who cannot understand Japanese.

If you are worried about and earthquake, please register it at Konan city hall.

Inquiries: Chiiki Fukushi-ka Tel: 0587-54-1111 (Ext.474)

If you have any everyday-life questions or employment problems, feel free to contact Fukura-no-ie in your native language. Open from Monday to Friday between 10:00 and 15:00. (Tel 0587-56-7390)









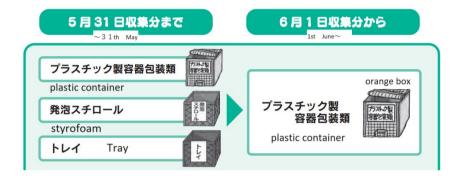
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英語

WHY DON'T YOU GO TO THE FLOWER PARK KONAN?

The flower park Konan is very beautiful with greenery and flowers. There are various events every months. See the QR code for more details. Location: Konan city Oiri-cho isshiki Tel:0587-57-2240





Empty the spray No hole With the cap on

HEALTH CHECKUP & CANCER SCREENING

Japanese only **★Prior appointment essential**

Inquiries: Konan City Health Center (56-4111) in *on a first-come-first-served basis

| | For those who aged | Screening Date/Place | Appoint- ments start on | Screening Details |
|------------------|--|--|-------------------------------|---|
| Breast Cancer | 40 and over (those who were born on or before March 31, 1985) NOT available for those who had that screening <u>after April</u> <u>2023</u> as you can have this every other year. | <u>Suitopia</u> <u>Konan</u> May 14 (Tue) June 2 (Sun) AM/PM | Now being accepted | Mammography Up to 100 people* Fee: 1200 yen NOT available for those who are pregnant / breast-feeding, finished breast-feeding in the past one year / have a pacemaker / a breast implant / a ventriculo-peritoneal (VP) shunt. |
| | Between 30 & 39 (those who were born between April 1, 1985 and March 31, 1995) (available only once between April '24 – March '25) | May 29 (Wed) AM/PM <u>Hoken</u> <u>center</u> | Now being accepted | Ultrasonography Up to 100 people* Fee: 1100 yen NOT available for those who are pregnant or are breast-feeding. <u>You may have a male doctor.</u> |





*Only for Konan citizens

*Reservation

*Other checkups and health consultations



