FUKURA NEWS

Vol. 202 July 1 '24 Issue お知り合いの外国の方にお渡しください

Registered Foreigners in Konan:2,465(as of end/May '24)

KIDS CLASS FOR INTERNATIONAL UNDERSTANDING

Let's learn cultures and customs of the other countries.

You can enjoy the introduction of foreign countries with games and Kamishibai

(picture-card show) of foreign local stories.

★Date: July 29 (Mon) between 1:30pm and 3pm

★Venue: Home&nico hall 2F (美術工芸室)

★Up to 30 people

For queries and apply to Syogai gakusyu-ka 0587-54-1111 ext. 397 in Japanese only) or Fukura-no-ie in your native language.

ABOUT HEATSTROKE ALERT

If there is a risk of heatstroke, the government will issue a heatstroke warning alert. A heat index of 31 or above is dangerous, so please be careful. What you can do is use air conditioning, stay indoors and drink water. Contact: Hoken center (0587-56-4111)

LET'S GO TO THE LIBRARY FESTIVAL

Let's enjoy summer at Konan city library which located toko+toko⁼labo 3F.4F Date: July 27 (Sat) and 28 (Sun) between 10:00 and 16:00 (Sunday until 17:30) You can enoy making picture book, playing game and etc. Fukura will participate the festival for English strorytelling section on July 27. Contact : Library 0587-56-2306

DO YOU KNOW MY NUMBER INSURANCE?

The My Number card with your health insurance card registered is called "My number insurance". With My number insurance, you don't have to pay more than the hight medical expenses limit without any procedures.

☆For queries, contact Hoken-nenkin-ka (National Health Insurance and Pension Division 54-1111 ext. 233 in Japanese only) or Fukura-no-ie (Consultation for foreigners) in your native language.

/ If you have any everyday-life questions or employment problems, feel free to contact Fukura-no-ie in your native language. Clients' information is kept confidential (Monday – Friday between 10:00 and 15:00 ((Tel: 0587-56-7390)













fukura@feel.ocn.ne.ip

For appy $QR \rightarrow$

"Fukura-no-ie"

Tel:0587-56-7390

by Konan Society for Internationalization

191 Furuwatari, Kochino-cho, Konan City

Volunteers Wanted!



EXEMPTION OR REDUCTION OF NATIONAL HEALTH INSURANCE TAX

Please bring the necessary documents and the one that can be used to verify your identity with your MY NUMBER about the flowing target people.

%The taxes that have already been paid or are overdue cannot be exempted.
If you do not declare your income, you are not eligible.

- 1 Those who are on welfare.
- ② Those who have a household income of 4 million or less in the previous year (including the member of specific elderly people* (See the note below)

Those whose income has decreased significantly due to unemployment or employer is closed.

Those who need long-term medical treatment. -Those who are currently undergoing medical treatment for 6 months or more. -Those who are deemed to need medical treatment for t6 months or more

The expecting income of 2024 may be two-third or lower than that of 2023 and there are other conditions that need to be confirmed.

③ Those who have a household income of 10 million or less in the previous year (including the member of specific elderly people*

Of those who suffered damage to their houses and household goods due to the disaster (only disasters within the fiscal year), those with a damage amount of 30% or more (excluding the amount covered by insurance.)

- ④ Those who have a household income of 2.7 million or less in the previous year (including the member of specific elderly people* Those who is listed below.
 - a. Of those who have a disability certificate (身体障害者手帳) Those who meet the conditions
 - b. Those with IQ of 50 or less
 - c. Those who have been diagnosed with autism (自閉症候群)
 - d. Those who have a war injury certificate (戦傷病者手帳)
 - e. Those whose age of 18 or under among single-parent medical expenses recipients.

For queries, contact Hoken-nenkin-ka (National Health Insurance and Pension Division 54-1111 ext. 232 in

Japanese only) or Fukura-no-ie (Consultation for foreigners) in your native language.

HEALTH CHECKUP & CANCER SCREENING

Inquiries: Konan City Health Center (56-4111) in Japanese only

★Prior appointment essential *on a first-come-first-served basis

| Venue | For those who aged | Screening | Appoint- | Screening Details |
|---------------------|-----------------------------|--------------|-------------|-------------------|
| | | Date | ments start | |
| Breast cancer | 40 and over (those who were | July 8(Mon) | Now | Mammography |
| Suitopia | born on or before March 31, | Aug. 9(Fri) | being | Up to 100 people |
| Konan | 1985) ※Once every 2 years | AM/PM | accepted | Fee: 1200 yen |
| <u>Osteoporosis</u> | 20 and over (those who were | Aug. 29(Thu) | | Ultrasonic method |
| | born on or before March 31, | Aug. 30(Fri) | July 4 | Up to 100 people |
| Hoken center | 2005) ※Once every 2 years | AM/PM | | Fee: 400 yen |

*Only for Konan citizens







詳しくは

About health check 1

appointment ↑